



## 2018 EASTERN BUDDHIST LEAGUE CONFERENCE

AUGUST 31 – SEPTEMBER 2  
TORONTO BUDDHIST CHURCH

### Pursuit of True Happiness...The Shin Buddhist Path

The 2018 Eastern Buddhist League Conference, hosted by the **Toronto Buddhist Church** in **Toronto, Canada**, will focus on Buddhist discussions about happiness and on achieving happiness in daily life.

The Conference goes from **Friday, August 31<sup>st</sup> to Sunday, September 2<sup>nd</sup>** and includes **guest speakers Rev. Bob Oshita and Rev. Patti Oshita**.

#### Lectures and Workshops Include

- ❖ Introduction: Pursuit of True Happiness
- ❖ Actionable Ways to Achieve Happiness
- ❖ Dealing with Conflict
- ❖ Mindful Meditation
- ❖ Happiness Games
- ❖ And More



#### Friday-Sunday

Includes all Lectures and Workshops,  
2 Lunches and Sunday Dinner

**\$125 CAD or \$110 USD**

#### Sunday Only

Includes Lectures and Workshops,  
Lunch and Dinner

**\$50 CAD**

The Toronto Buddhist Church is located at  
**1011 Sheppard Ave. W. Toronto, ON M3H 2T7, Canada**  
**Phone Number: 1-(416) 534-4302**

Registration packets are available at the Buddhist Temple of Chicago and online at  
[www.tbc.on.ca/ebf](http://www.tbc.on.ca/ebf)